

Zurich Tendons Course 2024

Date: **24 Jan 2024**

From	To	Duration	Title	Who
8.00 h	8.10 h	00:10	Opening of the Course	I. Besmens
8.10 h	8.45 h	00:35	The art of flexor tendon surgery: strategies and outcomes	K. Chung
8.45 h	9.00 h	00:15	Flexor tendon Suture: Tang	I. Besmens
9.00 h	10.00 h	01:00	practical training flexor tendon repair strength measurement of repair	
10.00 h	10.20 h	00:20	Coffee break	
10.20 h	10.40 h	00:20	Pulley preserving, venting, sacrificing	I. Besmens
10.40 h	10.50 h	00:10	Epitendinous suture	P. Tos
10.55 h	11.55 h	01:00	practical training Epitendinous suture Pulley treatment FDS handling in zone 2	
11.55 h	12.10 h	00:15	Considerations for the FPL tendon	M. Calcagni
12.10 h	13.10 h	01:00	Lunch	
13.10 h	13.25 h	00:15	Suture in Zone 1 vs. reinsertion	M. Greminger
13.25 h	14.10 h	00:45	practical training Zone 1 suture Zone 1 reinsertion(Sood/Elliot)	
14.10 h	14.30 h	00:20	Rehabilitation of flexor tendon sutures	V. Beckmann
14.30 h	14.50 h	0:20	Treatment of extensor tendon injuries	P. Tos
14.50 h	15.50 h	01.00	practical training extensor tendon repair (zone 5/6) central slip reinsertion	
15.50 h	16.05 h	00:15	Coffee break	
16.05 h	16.35 h	00:30	Principles in secondary tendon reconstruction	O. Politikou
16.35 h	17.05 h	00:30	Indications, results and complications	M. Calcagni
17.05 h	17.20 h	00:15	Closing remarks	I. Besmens